

Happy New Year!

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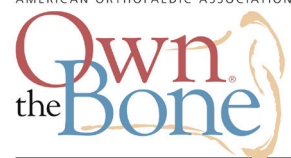
West Coast Bone Health & Wellness Center



OWN THE BONE

By: **Dr. Candice Brady**
Local Bone Health Specialist,
Orthopedic Surgeon and Own
the Bone Champion

AMERICAN ORTHOPAEDIC ASSOCIATION



Providers & patients united for improved care.

We are very proud to be a member and Star Performer with the American Orthopaedic Association's Own the Bone. Own the Bone is a national quality improvement program to reduce the substantial lack of treatment for patients with osteoporotic fractures (or broken bones) and prevent subsequent fragility fractures. Osteoporosis is commonly forgotten about when treating broken bones caused by it, thus perpetuating the cycle of fragility fractures - 50% of people with a fragility fracture will have at least one more fracture. Own the Bone is aimed to better identify, evaluate and treat patients that suffer from osteoporosis or low bone density related fractures. The program brings focused to the severe health implications of osteoporotic fractures and the complex approach clinics can employ to ensure these patients receive the most comprehensive and evidence-based care.



U.S. News & World Report just released its 2022 Edition of Best Hospitals. We are honored to be included as a top provider of osteoporosis care in the country! There are only 4 sites in all of California that received this recognition:

1. West Coast Bone Health & Wellness Center (Us - right here in Camarillo & Thousand Oaks)
2. Cedars-Sinai Medical Center (Los Angeles)
3. Hoag Orthopedic Institute (Irvine)
4. Tahoe Forest Health System (Truckee)

We have put a lot of research, time and thought into ensuring our patients receive the best, evidence-based care for osteoporosis and osteopenia. It's a privilege to be named alongside these other wonderful institutions!



Call: 805-395-BONE (2663) or
Email: info@westcoastbone.com if you would like to set up an appointment to discuss your bone health, telehealth appointments are also available.

Locations: 110 Jensen Ct, Suite 1-C, Thousand Oaks, CA 91360
400 Camarillo Ranch Rd, Suite 101, Camarillo, CA 93012